

February 28th | World Rare Disease Day

What you need to know to get rid of prejudice

THERE ARE MORE THAN 300 MILLION PEOPLE WORLDWIDE WHO LIVE WITH ONE OR MORE RARE DISEASES.

- This number accounts for 3.5% to 5.9% of the world population.

CURRENTLY, ABOUT 6 THOUSAND DISEASES ARE CLASSIFIED AS RARE IN THE WORLD.

72%

of rare diseases are genetic and only 2% of those don't start in childhood.



The same disease can show different symptoms, because, in the case of rare diseases, they can vary from person to person.

What characterizes a disease as rare?

Difficulty in identifying the problem, controlling symptoms, or having a cure are some of the most common points among the diseases classified as rare.

In addition to this, they also involve other aspects:

- Damage to the patient's and patient's family's quality of life
- Loss of autonomy
- Degenerative processes
- Pain that is difficult to control

Examples of rare diseases

- Acromegaly
- Aplastic anemia and myelodysplasia
- Reactive arthritis
- Diabetes insipidus
- Crohn's disease
- Sickle cell disease
- Huntington's disease
- Amyotrophic lateral sclerosis
- Multiple sclerosis
- Ankylosing spondylitis
- Autoimmune hepatitis
- Chronic myeloid leukemia (adults)
- Chronic myeloid leukemia (children and adolescents)
- Systemic lupus erythematosus
- Cushing's syndrome
- Guillain-Barré syndrome

IF YOU KNOW SOMEONE WITH A RARE DISEASE, GIVE THEM YOUR SUPPORT.

Remember that a healthy and respectful debate on the matter is a big step towards ending prejudice.

